

HELLO! I'm self-isolating & need your help

My name is

.....

I live locally at

.....

My phone number is

.....

I need help with:

Picking up shopping

Posting mail

A friendly phone call

Urgent supplies

To return the document email us at press@londonscottish.com

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness